

Sylvan Heights April 2024 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/1 No School	4/2 Zee Zee Bar Assorted Fruit Cup 100% Fruit Juice	4/3 Banana Muffin Flat Applesauce Cup 100% Fruit Juice	4/4 Soft Filled Cocoa Puff Assorted Fruit Cup 100% Fruit Juice	4/5 Cereal Bowl Jungle Crackers Banana 100% Fruit Juice
4/8 Cereal Bowl Jungle Crackers Fresh Apple Slices 100% Fruit Juice	4/9 Cherry Frudel Assorted Fruit Cup 100% Fruit Juice	4/10 Mini Strawberry Bagels Applesauce Cup 100% Fruit Juice	4/11 Mini Waffles Assorted Fruit Cup 100% Fruit Juice	4/12 Cereal Bowl Jungle Crackers Banana 100% Fruit Juice
4/15 Cereal Bowl Jungle Crackers Fresh Apple Slices 100% Fruit Juice	4/16 Goody Ring Assorted Fruit Cup 100% Fruit Juice	4/17 French Toast Minis Applesauce Cup 100% Fruit Juice	4/18 Cinnamon Toast Crunch Bar Assorted Fruit Cup 100% Fruit Juice	4/19 Cereal Bowl Jungle Crackers Banana 100% Fruit Juice
4/22 Cereal Bowl Jungle Crackers Fresh Apple Slices 100% Fruit Juice	4/23 No School	4/24 Cinnamon Roll Applesauce Cup 100% Fruit Juice	4/25 Apple Roll Assorted Fruit Cup 100% Fruit Cup	4/26 Cereal Bowl Jungle Crackers Banana 100% Fruit Juice
4/29 Cereal Bowl Jungle Crackers Fresh Apple Slices 100% Fruit Juice	4/30 Zee Zee Bar Assorted Fruit Cup 100% Fruit Juice			

What Makes a Breakfast Meal?

Breakfast includes these meal components:

Grains Fruits Milk

Students with free eligibility may participate
in both breakfast & lunch at no cost.



GENERAL MILLS



Milk Choices Offered Daily

- Fat Free Flavored
- Fat Free White Milk
- Low Fat White Milk

Please contact Sharon Kidd, Senior Director of Food Services
with and questions, comments or concerns:
skidd@cdschools.org