FEBRUARY NEWSLETTER



Sylvan Heights Science Charter School

"We Love Our School" Month

Patterns in Attendance

Within the first 89 days of school, 113 students have 3 or more unexcused absences. Regular school attendance in elementary grades is crucial for a child's academic, social, and emotional development. Parents should be mindful that absenteeism, even in the early years, can set a child on a path toward struggles in school, ultimately affecting their success in higher education and life. Encouraging a consistent school routine, addressing any barriers to attendance, and staying involved with your child's educational journey are essential for their long-term success.

MISSING SCHOOL = MISSING LEARNING

Upcoming Events

2/13 Wear RED to school

No School: • 2/7 (Parent-teacher

- conferences) 2/14 (Teacher In-service)
 2/17 (President's Day)
- Marking Period 3: 1/16-3/27
- Fundraiser: Double Good Popcorn

February Attendance Challenge

Students will be competing to see which classrooms and grades have the best school attendance throughout February. Students in the winning classrooms will earn a dance party and pizza party.

Bonus: Students who come to school by 8:30 will get a choice of strawberry milk with their breakfast!

February is American Heart Month

Heart disease continues to be the leading cause of death worldwide. Heart disease is preventable by preventable by adopting a healthy lifestyle. This includes not smoking, maintaining a healthy weight, controlling blood sugar as well as cholesterol, and getting at least 150 minutes of exercise weekly. Additionally, getting routine checkups helps keep your heart in check!

Help us celebrate by wearing RED on Thursday, February 13 and help us raise awareness of heart disease!

During American Heart month, you can participate in activities such as:

- Participating in a heart health walk/run
- Share heart healthy recipes
- Learn CPR
- Start a step challenge
- Get screened
- Spread awareness on various platforms